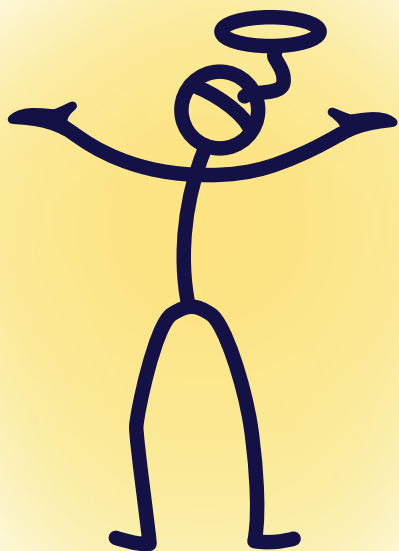


Foundations of the Real You



Your Introduction to What Life is All About

by Tiger Coll

Foundations of the Real You

by Francisco David ('Tiger') Coll

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Wayshowers College® Edition

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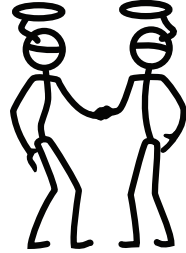
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Contents

Introduction1
Chapter 1 – The Big Picture2
Chapter 2 – Energy4
Chapter 3 – Growth6
Chapter 4 – Purpose8
Chapter 5 – Guidance 10
Chapter 6 – Freedom 12
Chapter 7 – Direction 14
Ideas and Techniques to Practice 16
About the Founders 19
About the Author 20
Private Consultations 23
Our Sponsors 27

Introduction

The purpose of this Booklet is to assist you to do what you came to do this life. Becoming a master of yourself, your energy and your situations will bring you all the happiness, success and abundance you seek.



What you are about to explore is an *introduction* to over 60 years worth of personal and spiritual research and development, to enrich peoples lives. Literally millions of people around the world have been exposed to the tools, techniques and materials created from this research. All of which, has been gathered through inspiration as well as through practical trial and error. This booklet is designed to re-awaken you to these foundational truths which you will find in all aspects of life. It prepares you to make them a way of life rather than just an intellectual understanding.

We are a great believer in the philosophy of: *"If you give a hungry man a fish today, he will only be hungry tomorrow. If you teach a man how to fish, he will have the freedom to use his own resources."* No one will be able to keep him or her in bondage and they will be able to eat every day. This Booklet is a spiritual fishing lesson.

Utilize this Booklet as your "introduction" and find what works for you. If there an idea that does not fit for you at this time, simply build a mental shelf and put it there. Someday, you may have an experience to help you understand that idea.

Enjoy. We are looking forward to working with you
— let's dig in.

Chapter 1 – The Big Picture

Let's begin by saying, none of the ideas you will be reading are new because there is nothing new in the universe. All we can do is pass on what we have learned so that you, in turn, will be able to pass it on to others. No one can ever prove anything to anyone. Don't even try. When you try to *prove* something to someone, it means that you don't truly believe it. There is no need to prove what you believe and feel inside.



The concepts and ideas we will be going through will have greater meaning when you practice them and make them a way of life. It is like making your life's situations an *opportunity* to learn and grow, rather than a job or obligation.

Commit yourself to looking within and working with your inner guidance for answers, rather than looking for them outside yourself. You will then have the satisfaction of reaching your goals and the fulfillment of achieving your life's purpose.

There are five key spiritual concepts in this introductory Booklet that can assist you in your journey this life.

Energy ~ **Growth** ~ **Purpose** ~ **Guidance** ~ **Freedom**

Energy ~ Whether you realize it or not, you are a soul with a physical body, not a physical body with a soul. You are energy; a spiritual being that is, has been, and always will be.

Growth ~ You are here to learn and grow. Every experience you have is an opportunity to learn more about who you are and what you have come to do. This is essential in understanding the game of life.

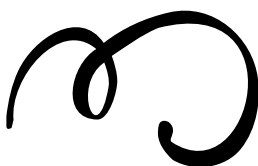
Purpose ~ You have chosen a unique purpose, plan and thrust. There is not another one like you in the universe. The purpose of whatever plan you chose was to help you grow in

consciousness.

Guidance — You have inner guidance. You have all the help you need to accomplish your plan. We each have a team of guardian angels or spiritual helpers that are here to work with us this lifetime.

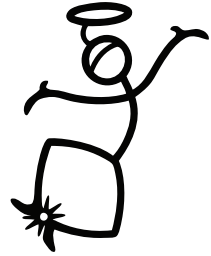
Freedom — You are free and unlimited. To understand your freedom, it is important to know yourself. There is no one or thing that can keep you from fulfilling what you have come to do. That is your true reality.

You are the only person who can develop yourself to your fullest potential. You can learn how to get the full richness out of life by living in every moment. Now, let's take a look at what it's all about. We shall begin by looking at the Real You.



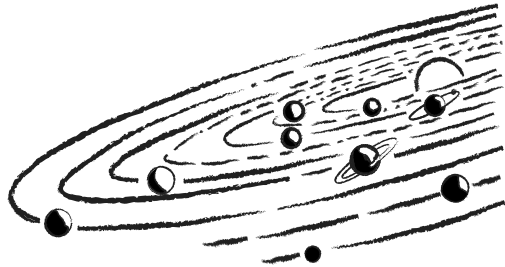
Chapter 2 – Energy

Let's talk about who you really are. You are energy. You are an intelligent vibration or a pattern of light. There is something running that physical body of yours – a life force. We can think of this as light. Science sometimes refers to the Real You as your consciousness and religion commonly refers to it as the soul. Whatever you want to call this power or intelligence, it is what you truly are.



The Real You feeds energy to your physical body. The connection between the Real You and your physical body is sometimes referred to as the “silver cord.” Your physical body has been described as “the golden bowl,” “anchor” or your “temple.” It can best be described as your Vehicle. It helps you, the “Real You,” get around on Planet Earth and accomplish what you have come to do. Without it, the law of gravity could not keep you here.

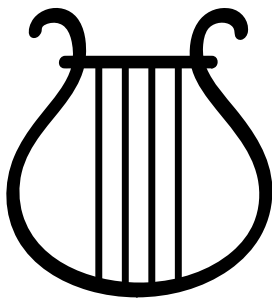
Once you understand that your physical body cannot exist without oxygen, the rays of the sun, the vegetation, water or the pressures of the Universe, you'll realize you are one with all things. Religion says you are the expression of God, and science says you are the total component of the Universe.



The moment you finish your job or purpose here, the Real You severs the silver cord and your physical body returns to the earth because it is composed of the things of planet earth, while the Real You returns to your true home – the Universe or the All.

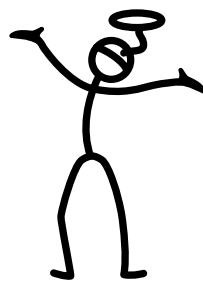
It is essential to make your spiritual understanding practical in today's society. Most of the fears we have here are based on the fear of death or separation. Many people cannot imagine existing without some form of fear or suffering. When you realize you are a soul with a physical body, not a physical body with a soul, your life will take on a whole new perspective and you will be freer to do what you have come to do.

You are a soul; you have been and you always will be a perfect gathering of energy.



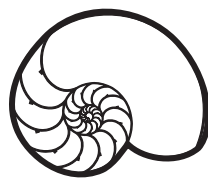
Chapter 3 – Growth

You are here to learn and grow. Planet Earth is a giant school. It is where souls come to evolve and find spiritual fulfillment. While you are here, you meet with different wave lengths of energy so you can grow more quickly through experience. It is considered “a great school” because of the countless opportunities for involvement and the numerous states of consciousness you can encounter.



As a soul you cannot grow without involvement. You need the exchange of energy with other people in order to accomplish, be creative and share ideas. You are learning through every experience you have, while growing from the wisdom you gather. Sometimes you may get in a hurry and stumble, but since you are always practicing, there is no such thing as a mistake. The Real You is always expanding because you have an insatiable, never-ending need to evolve and grow and find more fun and fulfillment in life; it is the child-like quality of loving to learn and experience.

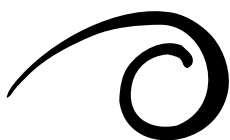
Life is simple. Think for a moment, every game you like is one in which you understand the rules, and every game you dislike is one in which you don't understand the rules. Many people dislike themselves because they don't have self-understanding. When a person judges, belittles and denies themselves, they are without self-understanding and have trouble. Whether you think that something is good or bad, right or wrong, the rules of the Universe are such that, it could not be here without a purpose.



If there is anything in life you dislike, it is because you have

not taken the time to understand the rules in life. You have not learned to live patiently with yourself. Life is great! As a matter of fact, you are faced with it, whether you like it or not, so why not discover how great it really is!

You are the only one who can develop yourself to your fullest potential. No one can do this for you. How committed are you to yourself and your growth? There is no reason why you cannot enjoy all the material things of planet earth and still have spiritual fulfillment. You have all the support and backing you need, but what good is it if you can't back yourself? If you commit to learning and growing a little bit every day, you will be on track with what you have come to do.



Chapter 4 – Purpose

You have a unique purpose or plan. You have a thrust in life, an authentic style and way of doing what you have come to do. Each of us has specific lessons to learn and we are operating in life situations that will help us learn them. Your main purpose in life is to grow spiritually and become an advanced soul.



Enjoy the abundance of Planet Earth, but always remember that you are just passing through as a student enrolled in an institution of higher learning, like a college. Learn to understand yourself, your motivations, your inhibitions, and why you are here. This means all of your victories and defeats and joys and heartaches are there for you to learn your specific lessons.

If you can't be happy at all times, something is wrong. Many people think we are supposed to suffer here. The only real value to "suffering" is it provides a little pressure and incentive to get us out of our comfort zone. It is simply an area or concept that you need some more understanding in, and an alarm that you need to be doing something differently. Without this clarity, you may end up living a distorted idea of what life is really about.

As a soul in a physical body, you move by desire. The key is knowing what you want. You can push your intellect to learn the systems of the universe as fast as you can; spiritually, however, you cannot grow any faster than your inner timing. The Real You sets its own timing. *You cannot rush the evolution of the soul.* Set your goals and organize yourself to move towards them. It is as simple as that.

Each individual soul is at their own level of spiritual unfoldment. When you lose patience with a person, it is not

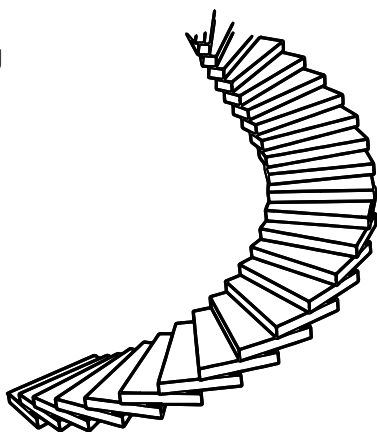
their mistake for failing to live up to your expectation, but rather your need for further insight into yourself. Looking at the world in this manner, you will be able to face life from a new viewpoint. You will find that when solving a problem, the first place to search is within yourself. The results will be, that you will find yourself consistently at the right place, at the right time, working with the right people, doing what needs to be done.

If you really respect people, then you accept them the way they are, as unique souls. This is what it means to live and let live. If you respect yourself as you are, then you respect others as they are.

Self-respect is being one with all things. You are the most important person in the universe to yourself.

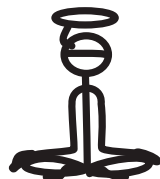
If you say you're not, you are being a hypocrite. We are not speaking in the egotistical sense, the idea that the world cannot rotate without you. We are speaking in the sense that you realize you came into this world alone, you go out alone, and if you don't raise your own level of consciousness, no one else is going to do it for you.

We get out of life exactly what we put into it, no more, no less. This applies to everything we do. Most of us are making a lot of contributions to society but how many of us are totally committed to ourselves? Make a decision to do what you have come to do and you will have all the help you need to fulfill it.



Chapter 5 – Guidance

When a person really understands themselves and realizes their purpose here on earth, they are prepared to “graduate” from the Earth plane. A soul that has gained self-awareness will become what is called in religious texts a “Messenger of God” or angel.



These souls have learned to be one with all things. They have mastered the lessons and literally “outgrown” Planet Earth. They are crystal clear spirit or *pure soul* – you could say, they have no separation from anything.

You have the ability to tap into this infinite source of knowledge and become in tune with the rhythm of the universe. There is never any need to feel alone because you have guidance from higher dimensions. Before incarnating into a physical body you selected a team of higher souls to help you with your life purpose. These messengers have been called many names: Spirit Guides, Holy Spirit, Guardian Angels, Avatars, Archetypes, the higher self, Messengers of God. We can call them spiritual helpers. Your Helpers are present to assist you in daily life, and all you need to do is to be honest in your purpose so that they can guide you more easily.

You may at first feel that your Helpers are your own imagination or that you may merely be talking to yourself. However, if you search more deeply, you will find answers to questions that you yourself could not have answered without a higher source of wisdom. Have you ever felt vibrations run up your arm or down your spine? Did you ever have a sudden flash of chills or tingles all over that made you shiver? When the high powered vibration of your Helpers comes to you, it is frequently manifested in these chills – or quickening of the flesh, like an electrical charge. It may also be manifested as a feeling of well-being or of being up-lifted.

You can receive this guidance and be assured that you are not alone in your life venture. The main requirement is to be

relaxed and open to such inspiration. By becoming attuned to this guidance, the answers you need will be revealed. Your Helpers are eager to work with you. They can give you liberty, for you can learn and make decisions without being bound to the advice of people around you.



Do not be afraid to step out and take the active approach to your life purpose and spiritual growth. If you picture yourself as part of the universe while fulfilling your purpose, strength and leadership will be shared with you to accomplish your mission. Know that this guidance is available at all times. They came to work with you, not for you. They are equal to you, not greater or lesser, but they have a bigger picture and have already experienced what you have set out to learn this lifetime.

Your Helpers' purpose is to liberate their brothers and sisters from the bondage of ignorance. They want to bring people the essence of spiritual truth. This is what creates a high soul — their efforts to better themselves and help others.



Chapter 6 – Freedom

Freedom is innate. No one has to teach you this. You instinctively know the difference between feeling free and feelings of bondage. So, how free do you want to be? Some people are afraid of freedom. When they experience true freedom or see someone living it, they can become insecure. In reality, freedom is your inner security. There is no true security in outer things, that is an illusion.



The security we sometimes seek only comes from our ability to feel free. Some people have it and some are still working it out. If you were led to believe someone was going to take care of you or that some kind of miracle was going to straighten out your life, you may have lost your initiative to create for yourself. The next thing you will surrender is your power to make decisions. You begin to believe it is better not to do anything for fear of making a mistake, because if you make a mistake, you may not be accepted like you think you should be. You have given up your freedom.

Part of understanding your freedom is accepting the freedom of all people to choose their own path of life. You may anticipate that they may hit a few stumbling blocks along the way, but they are following their choice and they have a right to stumble. Everyone has the freedom to choose for themselves. It is important to accept people where they are. "I accept you exactly the way you want me to accept you, because I respect you." That is the freedom to be, which is what life is all about.

You do not need to save anyone or interfere in their life. Through their experiences of ups and downs they will discover their own inner freedom. Your opportunity is to be an example and inspire them, this is what it means to be a way-shower . . . this is sharing freedom.

The biggest problem in our society today is that we are not respecting each other. We are not respecting the rights of the other person because we are not respecting our own rights. The moment you start to try to change people, you are infringing on their life and no longer respect them. This creates troubles for you because you are not minding your own business. You are inviting all kinds of confusion into your life and this will throw you off your pivot point. There is nothing wrong with being of service to people, but don't infringe on their free will.



It is important to understand that all the things which make up society are a means to an end, to help you find yourself. They have truths, but no one thing has all the truth. Another problem in today's society is that the rules have become so highly organized that they have become an end in themselves, rather than just a means to an end. Once you understand the rules for what they are, life becomes simpler. You can become a part of these rules and regulations without being controlled by them.

With a bigger picture, you can see life as a game. It is a serious game because it is your life, but do not take it so seriously that you cannot laugh and enjoy everything it has to offer. Accept the game and you will be a part of it but not caught by it. This is essential in being free and doing what you have come to do.

You are unlimited. There are no excuses. If you make a masterful mess, it is your masterful mess. If you make a masterful success, it is your success. A measure of how free you are is your ability to have clear motives and do what you want, when you want it, where you want it.

Organize yourself to be free.

Chapter 7 – Direction

There are many more concepts, techniques and areas you will discover through the next steps in this Program. The five key points, however, covered in this Booklet – **Energy, Growth, Purpose, Guidance and Freedom** – are the foundations of the Real You. They are an essential part of your awakening and re-awakening to making your spiritual growth a conscious a way of life and becoming one with all things. This means understanding, accepting and living all that life has to offer, creating the momentum to reach a more affluent and spiritual life.



Make your life a “beingness.” That is, make a practice of what and who you are, in all your opportunities; when you go to the store, when you meet with friends and family, when you are at work and when you are alone. Practice what you have inside. Think of this practice as being one with all things.

If you want to become one with all things, however, you are going to have to sit down and see the Real You. You will have to visualize the Real You – a new you, the reborn you, and start sewing the pieces together. The only thing that will keep you from putting it together quickly is lack of sincerity. You must be sincere with yourself.

Another component to your personal direction is clarifying your goals and understanding your motives. If you do not know what your goals are, you will have troubles in life. If you do not understand your motives, you may become a usable instrument for others. Do you respect what you need and want? Invest the time to do what you truly need and want, not what others want for you.

Ask yourself: “If I have all the time, all the resources, all the abundance, all the love and all the backing, what would I really

want to do?" Once you clarify this for yourself, make it a goal and everything you need will start showing up. Your job will be to maintain your vision, seek opportunity and follow through when those opportunities present themselves.

Life is meant to be fun and full of exciting adventures. It can be fun for you if you have the trust and patience with yourself to lift limiting restrictions from your mind. When you have "trust," you are patient. When you are "patient," you have trust. Trust yourself and your instincts; your inner voice then becomes more powerful than the voices from outside. Your dreams become clearer.



Ideas and Techniques to Practice

- ☑ Consider having a quiet place where you can just be yourself, free from any outside pressures.
- ☑ Cleansing and Environmental Cleansing – (before going to sleep and when waking up) – see the material on the Cleansing Technique in Class Options on the New Spiritual Horizons website (www.newspiritualhorizons.com/content).
- ☑ Regrouping – Taking stock at the daily, weekly, monthly, and yearly level to clarify what you are learning and how you are progressing.
- ☑ Meditation – Take some deep breaths and focus on your goal and vision. Breathe in and out to go deeper. (Learn our Sea of Tranquility Technique).
- ☑ Work with positive affirmations or statements to yourself. For example, *"I am happy," "I am successful," "I am abundant."*
- ☑ Do a specific activity and put all of your attention into it and see what difference it makes. Commit 100% to the moment and live in the now: for example, be 100% involved in brushing your teeth or in shaking a person's hand, discerning the feelings without mentally going anywhere else.

If you would like to gain greater understanding, or extra support and training, the Wayshowers College is a worldwide spiritual college with a diverse curriculum for spiritual searchers and for those concerned individuals who desire to be of service to others. The College has many departments, some of which constitute an educational program for training spiritual educators from all over the world.

There are many opportunities you can get involved in through the College. Various programs offer Orientation Lectures, Technique Workshops, Weekly Discovery Group Sessions, a broad curriculum of college courses, and home study programs, as well as a wide spectrum of private consultations from trained Spiritual Consultants.



There comes a time when you have to make a decision. It is the point of no return. Because you have grown so much spiritually you have to decide how you are going to use all that wisdom to be of service to your fellow man. You need to make that decision. Without decision, there is no commitment. Everything you do on planet earth is a means to an end, a means to spiritual unfoldment. Wisdom is an energy pattern that will become a part of you for eons of time.

Where do you go from here? It is essential to invest in yourself this life. The only thing you take with you is the wisdom you have pulled together through your experiences. You cannot take anything else with you when you pass on. Accept yourself and all that you are. Remember, you are perfect for what you have come to do and you have all the resources you need to accomplish it. Relax and accept your opportunity to Enjoy and have fun!

Thank you for letting us share.

Wayshowers College®

Wayshowers College® helps people gain a greater understanding of themselves and the universe in which they live so they will be better prepared to help their fellow man.



It is a college that will help you clarify your spiritual life from birth to death and understand what you have to accomplish on planet earth. It is a college of experience.

It is a new type of training center with a widely diverse curriculum, where people can come to learn without being indoctrinated into dogma.

It was the belief of Dr. Francisco Coll, the founder, that “All things have truth but no one thing has all the truth. You have the truth for yourself.”

Wayshowers College® courses around the world help people feel secure with their inner direction and their two-way communication with the Higher Spirit.

Departments of Study:

- New Spiritual Horizons
- Metaphysics
- La Familia Nuestra
- Balanced Living
- Art & Creative Expression
- Public Relations
- Leadership Expansion & Inner Peace
- Religion & Philosophy
- Astro Soul
- Psychology and Parapsychology
- Professional & Consultant Training
- Profound Mystical Meditation
- Operation Action
 - o Growing Executives of Tomorrow
 - o Gateway to the Business World
- Department of Family World

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About the Founders

Dr. Francisco Coll



Dr. Francisco Coll was one of the world's foremost spiritual leaders. Dr. Coll was active in the field of spiritual research which began in 1941 till his passing in December 1999. Today the name Francisco Coll is well known throughout the world to be synonymous with spiritual growth, high standards, and the theme, *"If you give someone who is hungry a fish today, they will only be hungry again tomorrow. If you teach that person how to fish, they will have the freedom to use their own resources for the rest of their life."*

Dr. Coll was deeply involved in the field of human development as well as in spiritual research. His life exemplified leadership by example as a "way-shower" to others. His life thrust with people was to "give opportunity."

Dr. Maria A. Coll



At an early age Maria wanted to travel and be a part of significant change in the world. A free thinker and spirit, she recognized the need for people to have freedom, while still maintaining their self-respect and integrity.

Maria received a degree in Psychology from the University of Minnesota in 1961 and through a series of angelic events she found herself in Puerto Rico, where she met Francisco. After a profound experience working with one of Francisco's techniques, she realized she had higher guidance that provided insights that were accurate and dependable. She became a firm believer in these abilities and gifts.

This started their team adventure of traveling throughout the United States and the world, sharing lectures and techniques. Maria was instrumental in making spiritual concepts a practical way of life and organized them into a system that could be passed on to others.

Until her passing in 2015, Maria continued to work with her Higher Guidance to expand her own state of consciousness and work with those around her. Her life thrust was “Move Beyond, Be Free, Trust and Be Natural.” She lived this with positive passion, strong work ethic and a great love for people.

Together they founded many educational and spiritual movements, including the Americana Leadership College®, Inner Peace Movement®, Peace Community Church®, Astro Soul®, and Profound Mystical Meditation®.

About the Author

Francisco David (‘Tiger’) Coll D.D.



By the age of seven, Tiger had traveled the world many times. The son of Dr. Francisco Coll and Dr. Maria Coll, Tiger grew into a sincere, humble, worldly wise soul. Growing up in the College and its program for youth, Tiger’s wisdom and natural gifts were fostered and encouraged. By the age of 14 he was assisting in leading the youth program and sharing basic truths with people.

At 18 he enlisted in the Navy and soon earned his way into the S E A L ‘s. This allowed him to further develop life skills and high ethics while honing his leadership. After his military service Tiger returned to assist in the College part-time, and also pursued a myriad of opportunities in different industries, believing in the philosophy, “Never take a job for money. Take it for what you can learn.”

Upon the passing of his father in 1999, Tiger returned to run the College full time and wrap up Dr. Coll’s business affairs. Since that time, Tiger has gone on to share in seminars, administer training programs, and run the activities of the Wayshowers College in many countries. Desiring to assist and inspire spiritual leaders in their

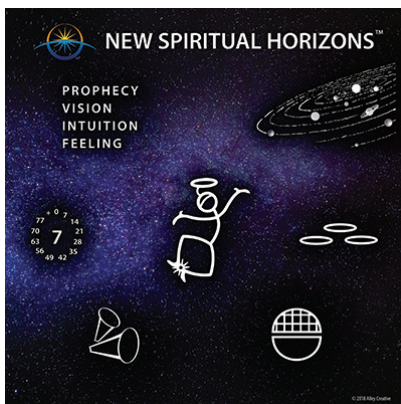
work, he has also been a part of inspiring and creating five non-profit organizations all dedicated to making Spiritual Freedom a way of life.

Today Tiger invests most of his time expanding the College and regrouping Leadership around the world. The motive: Share the basic spiritual truths around the world, in the clearest manner. His life 'Thrust' is Rallying the Forces.

Quotes and Phrases the Founders and Author enjoy sharing –

- *Help people to help themselves.*
- *School is good; but life is the best teacher.*
- *Don't treat everyone the same, 'be' the same with everyone.*
- *Keep it clear, simple and practical, then you know it's Spiritual.*
- *You are perfect, for what you've come to do.*
- *There is protection in direction.*
- *When in doubt check it out (with your Spiritual helpers).*
- *If you're not having fun, you're doing something wrong.*
- *It's not what you say but how you say it; It's not what you do but how you do it.*
- *You can delegate opportunity, but don't delegate responsibility*
- *If you believe in only one thing, believe in yourself.*

New Spiritual Horizons program is an opportunity to quench your spiritual thirst in a dynamic, consistent manner that is enjoyable, lasting and safe. You will learn powerful techniques that enable you to experience your energy, not simply hear or read about it from someone else. Whether you attend a workshop, work one-on-one with one of our facilitators, or access material on line, you will be presented the opportunity to accelerate your growth, release old concepts, and shed habits that no longer work for you. You will awaken and strengthen your spiritual sensitivity to receive answers and guidance to move yourself forward.



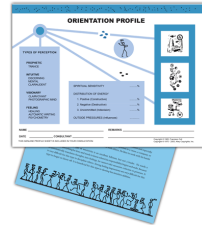
The program includes:

- ★ New Spiritual Horizons Orientation Program
- ★ Discovering Your New Spiritual Horizons Technique Workshop
- ★ The New Spiritual Horizons Group Series
- ★ The New Spiritual Horizons Submersion Workshops
- ★ New Spiritual Horizon Seminar Series
- ★ Home Study Lessons
- ★ The Home Study Lessons Private Consultations

Check it out at www.NewSpiritualHorizons.com

Private Consultations

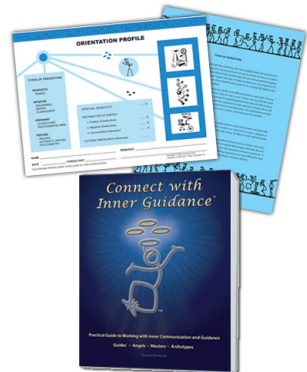
Orientation Profile — This Profile is a private one-on-one session with a specially trained and certified consultant from the Wayshowers College®. During this session, you will learn the basic facts of your spiritual communication system (your gifts), your sensitivity, and about your angels or guidance. You are shown special techniques for tuning your energy to a higher vibration and for establishing a crystal-clear communication with your spiritual helpers or angels.



Connect with Your Inner Guidance

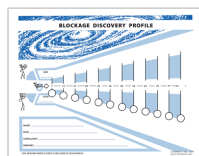
Workshop — During this six hour Workshop you will establish a direct, two-way communication with your inner guidance and learn to receive answers immediately to any question you would like to ask your angels/guides. You will discover how they KNOW your life purpose and can steer you in the right direction toward joy, abundance and fulfillment. You will raise your energy vibration instantly to be “tuned in” with your angels.

You will receive your personal Orientation Profile consultation. In this individual profile you’ll learn how many angels you have, how they communicate with you, your energy sensitivity level and order of your four spiritual gifts of Intuition, Vision, Prophecy and Feeling.



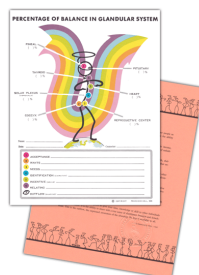
1002-A: The Blockage Discovery

Profile — In this private consultation you will identify patterns in your life that are holding you back from fulfillment and success. These patterns are usually the result of experiences you had in early life which you did not understand at the time.



You will discover ways to live your life more clearly based on your own true feelings rather than by interpretations you were taught to accept and you will discover inner spiritual freedom.

1003-A: A Percentage of Balance in the Glandular System — Clarify your relationship between the spiritual and physical natures of your life. It is a profile of the seven spiritual energy centers (chakras) and introduces you to an understanding of the flow of energy in each chakra.



7000: The Thrust Profile — In this Profile you will find out what your personal life thrust is and how it works through your four spiritual gifts, giving you a better understanding of your Thrust in action.



Other Available Programs

Here are some of the diverse schedule of programs that are available to explore the many aspects of your spiritual journey.

Inner Peace Movement® — is a well-rounded program that enables people from all walks of life to become a leader of themselves.

Special training involves learning to work with your angels, sensing auras, healing energy and directing your life energy.

The IPM Program includes:

- Rediscovering the Real You Orientation program
(formerly *Man and the Universe Program*)
- Exploring Inner Dynamics Technique Workshop
- Weekly Discovery Group Meetings



Astro Soul® — is the exploration into the 5th Dimension of pure spiritual communication. It clarifies how past lifetimes and how they are influencing you today. Astro Soul® will help you understand that there is no death. Realizing you have been, you are, and you always will be, facilitates a tremendous healing.

The Astro Soul Program includes:

- Astro Soul Orientation Presentation
- Exploring the Fifth Dimension Technique Workshop
- Weekly Discovery Group Meetings



Profound Mystical Meditation® — focuses on a meditation discipline and mystical creativity. Peace of mind is unfolded through your Sea of Tranquility.

The PMM Program includes:

- Introductory Presentation
- Tranquility and Accomplishment Technique Workshop
- Meditation Training Seminars
- Weekly Discovery Group Meetings



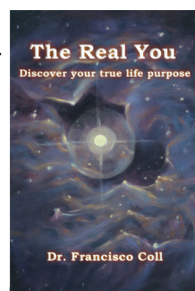
Books and Materials

Man and the Universe establishes a solid foundation for the many books and materials developed by Dr. Coll. Most people who read his book are surprised to discover how simple life really is.

You will learn about timing, and how you can be in the right place at the right time. Spiritual helpers, also known as Spirit Guides, Guardian Angels, “Messengers of God,” Holy Spirit, Avatars, Archetypes, or the higher self, and life after death are clearly explained in easy to understand terminology. You will gain a deeper awareness of evolution and what it means to you in daily living. The four basic personality/perception types are reviewed. (Many readers find these chapters the most fascinating.) Greater awareness of these perception types will help you improve relationships with family members and people you work with; appreciating this can alone easily change your whole life. It is like a cloud is lifted with your friends and family. You will truly better understand your personal traits and the traits of others.

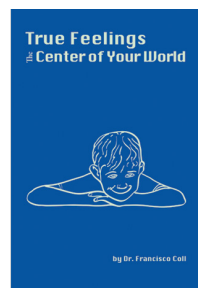


The Real You provides answers to many of the inconsistencies you may have sensed throughout your life. It is for people who are searching for answers to life that match how they feel (have hunches) inside. The full impact of the statement “We live in two worlds at one time, the material, tangible world, and the spiritual, intangible world” is clarified. This book will also reveal to you the reality of inner guidance or spiritual helpers and earthbound souls. It also goes into the four spiritual gifts, also known as ESP or psychic awareness.



True Feelings: The Center of Your World –

This book is an opportunity for you to take a deeper look into your own reality. Your true feelings are the center of your world. They are the joy and expression of your beingness as a soul. Discover that whatever you want is already yours . . . all you have to do is organize yourself to obtain it.



Our Sponsors



IPM International, Inc.

Inner Peace Movement International (IPMI) is a non-profit, educational organization whose members are involved in personal growth and sharing inner-awareness. IPMI's mission is inspiring people to find inner peace and master living their unique purpose. IPMI gives people opportunity to grow through involvement, teamwork and sharing. Members offer free community presentations, state workshops, mini-camps and retreats.

Involvement in IPMI assists individuals to listen to their sensitivity, trust their innate wisdom, and act on inner guidance and high spiritual standards in their personal lives and with others.

IPMI sponsors these educational programs: Inner Peace Movement® and New Spiritual Horizons®, and IPMI encourages individuals to practice their leadership by becoming IPM/NSH (New Spiritual Horizons) spiritual facilitators, trainers and consultants.



Wayshowers Community Fellowship

Wayshowers Community Fellowship's members are connected around the world through community fellowships, leadership forums, conferences, study, meditation, creative and healing arts, and community service. WCF supports the wayshower in each of us, the part of us that inspires and shows a way to others and brings to life the deeper spiritual truths contained in the spiritual traditions on planet earth, while healing division and building understanding.

Wayshowers Community Fellowship (WCF) focuses on understanding and respecting the innate wisdom and unique spiritual purpose of people living and growing on Planet Earth. WCF seeks to expand spiritual freedom and unity in our

communities, local, regional and globally – by understanding and respecting the diversity of our spiritual traditions.



Peace Community Church International

The purpose of Peace Community Church International (PCCI) is to provide both fellowship and qualified leadership, including Ministerial Services, in all walks of life where people are seeking greater inner peace and awareness. It provides spiritual support to those who work with Spirit by anointing them through the power of Spirit to do spiritual healing of the soul, mind and body, including the laying on of hands.

Peace Community Church programs originated in 1965 in Washington, D.C. The Church places emphasis on training wayshowers to give spiritual leadership to people who are searching to know themselves better and to understand their relationship to the universe. The program specializes in instruction in spiritual teaching, counseling, healing, prayer, meditation, and in the unfoldment of inner spiritual guidance. Leaders in the Church are qualified in helping a person know where they came from, why they are here, and where they are going.

The goals of Peace Community Church International are to bring to individuals a greater awareness of their oneness with each other and with Spirit.



For courses, group work, or private consultation, contact:

www.WayshowersCollege.com